

Your pickup date for this order is: Wednesday, July 03, 2013

Grain

Select 3



White Rice (1 lb.)  
Quantity: 0



Brown Rice (1 lb.)  
Quantity: 0



Spaghetti (1lb)  
Quantity: 0



Whole Wheat Spaghetti (1 lb.)  
Quantity: 0



Bread (1 lb.)  
Quantity: 0



Macaroni and Cheese (6oz.)  
Quantity: 0

Dairy

Select 1



Fat Free Skim Milk (32 oz.)  
Quantity: 0

Protein

Select 2



2 Cans of Tuna (5 oz.)  
Quantity: 0



Dry Lentils (1lb.)  
Quantity: 0



Dry Black Beans (1lb.)  
Quantity: 0

Vegetable

Select 3



Kale Greens (1 bunch)  
Quantity: 0



Red Onions (1 lb.)  
Quantity: 0



Green Pepper (1lb.)  
Quantity: 0



Carrots (1 lb.)  
Quantity: 0



Potatoes (1 lb.)  
Quantity: 0



Beets (1 lb.)  
Quantity: 0

Fruit

Select 3



Apples (1 lb.)  
Quantity: 0



Bananas (1 lb.)  
Quantity: 0



Oranges (1 lb.)  
Quantity: 0



Pears (1 lb.)  
Quantity: 0



Pineapple (4 lb.)  
Quantity: 0



2 Cans of Canned Cranberry Sauce  
Quantity: 0

Submit Order