

MOST WANTED ITEMS

DONATE TO SUPPORT WELLBEING

SHELF-STABLE ITEMS

1 CANNED OR DRY BEANS

15oz or 1LB PLANT-BASED PROTEIN



2 CANNED FRUIT & VEGETABLES

FRUITS - NO SUGAR ADDED
 VEGETABLES- LOW SODIUM /NO SALT



3 CANNED TUNA, SALMON, OR CHICKEN

PACKED IN WATER



4 GRAINS

1LB BROWN OR WHITE RICE, PASTAS, BARLEY, QUINOA



5 PEANUT BUTTER

NATURAL WITH ONLY PEANUTS AND OILS IN INGREDIENT LISTS
 No Glass container



6 SHELF-STABLE MILK

LOW-FAT MILK, ALMOND, NUT OR OAT MILKS



7 SUGAR-FREE HOT & COLD CEREALS

OATS, CORN FLAKES, FARINA, QUIONA, GRITS



LOW SODIUM, LOW SUGAR, HIGH FIBER, WHOLE GRAINS PREFERRED

For more information about food donations email foodrescue@nycommonpantry.org or visit our website at www.nycommonpantry.org.

LET'S GO FOR A DRIVE!

Thank you for providing food to families in need by participating in food drives!

Here are some easy tips for making your food drive a success:

LOCATION, LOCATION, LOCATION.

Consider who WILL be donating and select a location where your food drive will be most visible. You can also run a virtual food drive by shopping and sending food to us online. Good options include grocery stores, residential buildings, offices, or shopping from Amazon, Walmart, Target, or from any of your favorite places. Make sure to put up signs or send information for everyone to know where to put their donated food items or how to shop and send food online to New York Common Pantry.

PICK A THEME.

One way to get people excited about your food drive is to ask for items related to a specific idea or topic such as breakfast foods, Whole Grain Wednesday, Better with Beans, or something catchy.

MAKE IT A COMPETITION.

Come up with an incentive or a prize to build energy and excitement about your food drive. Holding a food drive with your neighbors? Give the neighbor who collects or donates the most food a prize. Holding a food drive at work? If the team collects 250 items, have a special bagel breakfast on Friday. Other ideas include giving a prize for the person or group that shops and sends the most items online. Be creative!

CREATE A SOCIAL GROUP TO FIGHT HUNGER.

You don't have to hold a food drive by yourself: recruit anyone and everyone to help you out. Create a Food advocacy group in your neighborhood, office or social club to collect food to donate throughout the year or to shop and send food online at any time.

THINK BIG!

Stop by your local grocery store or convenience store and let them know that you are collecting food for the local pantry or food bank. Do they have any non-perishable items that they could donate?

SPREAD THE WORD.

Hang posters and flyers around your donation area (residential building, office, social club etc) to let everyone know when/where to drop off food or how to shop and send food online to New York Common Pantry. Make announcements, send out letters and ask your friends to help spread the word. Use the most wanted items list to post on Instagram or twitter. The more people that know about it, the more donations you'll get.

SAVOR THE MOMENT.

End the food drive in a fun and memorable way! Take a photo of your food collection and with donors and participants. Post your photo on Instagram or send it around in an email to thank everyone for their help. Be sure to send over photos to NYCP so that it can be included in our social media posts or on our website.

For more about food drives, or to schedule a pick-up or drop-off email foodrescue@nycommonpantry.org.



EASY TIPS FOR A SUCCESSFUL