



# NOURISH

A COMMODITY SUPPLEMENTAL FOOD PROGRAM



## FREE MONTHLY FOOD PACKAGES FOR SENIORS PANTRY DISTRIBUTION

### ARE YOU ELIGIBLE?

- Are you over 60?

**(Must bring state or city ID)**

- Are you a New York State resident?
- Do you make less than \$1,995 a month, or \$23,940 a year?

(Please provide social security award letter, bank statement or self declaration income)

**Call 917-982-2564 for more information**

This institution is an equal opportunity provider.