

Sample email to NY City Council Member/Mayor

Note: To locate your City Council Member

- Use the <https://www.mygovnyc.org/> to enter your address.
- Click on the District when it appears, and it will direct you to the City Council member's page.
- On the lower right side, there is a "Send Email" box.
- Click and cut and paste this email or write your own.

Dear Council Member (or Dear Mayor),

If the government shutdown continues as anticipated to November 1st (this coming Saturday), Supplemental Nutrition Assistance Program benefits (SNAP, also known as food stamps) will likely cease. In the city alone, 1.8 million New Yorkers receive SNAP allocations.

This money helps New Yorkers purchase groceries to feed their families, including children and the elderly. They already rely on food pantries and soup kitchens like New York Common Pantry to provide nutritious food for their families – without their SNAP benefits, these families will have to lean even more heavily on the emergency food network.

Cuts to SNAP aren't numbers on a page; they're empty plates in our neighbors' homes.

Please come together with NYS elected representatives to fund increased support for short-term, front-line, direct-service, emergency food providers to fill gaps due to federal cuts and fund community organizations feeding millions of New Yorkers suffering with food insecurity.

Thank you for supporting food pantries and soup kitchens, so that those who are hungry can know where their next meal is coming from.

Sincerely,

(insert your name)

(Email to State Elected Official follows on next page)

Sample Letter: New York State Officials

Note: To locate your New York State Assembly Member or New York State Senator

- Use these links to find your [Assembly Member](#) or [Senator](#) by entering your address.
- Your elected official will appear on screen, with a blue box to “mail” them
- Click and cut and paste this email or write your own.

Dear Assembly Member or Senator,

If the government shutdown continues as anticipated to November 1st (this coming Saturday), Supplemental Nutrition Assistance Program benefits (SNAP, also known as food stamps) will likely cease. Nearly 3 million NY State residents, including 1.8 million in NYC alone (20% or 1 in 5 New Yorkers) receive SNAP allocations.

This money helps NYS residents purchase groceries to feed their families, including children and the elderly. They already rely on food pantries and soup kitchens like New York Common Pantry to provide nutritious food for their families – without their SNAP benefits, these families will have to lean even more heavily on the emergency food network.

Please come together with NYC elected officials to fund increased support for short-term, front-line, direct-service, emergency food providers to fill gaps due to federal cuts and fund community organizations feeding millions of New Yorkers suffering with food insecurity.

Thank you for taking care of New York State residents who continue to struggle to put food on the table.

Sincerely,

(insert your name here)

(Email to National Elected Official follows on next page)

Sample Letter for Senators and Congressional Representatives

Note: To locate your Congress Person

- Use <https://www.senate.gov/senators/senators-contact.htm> to find your Senator and use <https://www.house.gov/representatives/find-your-representative> to find your member of the House of Representatives by entering your address.
- Your elected official will appear on screen, with a blue box to “mail” them
- Click and cut and paste this email or write your own.

Dear (insert title),

If the government shutdown continues as anticipated to November 1st (this coming Saturday), Supplemental Nutrition Assistance Program benefits (SNAP, also known as food stamps) will likely cease. Nearly 3 million NY State residents, including 1.8 million in NYC alone (20% or 1 in 5 New Yorkers) receive SNAP allocations.

This money helps NYS residents purchase groceries to feed their families, including children and the elderly. They already rely on food pantries and soup kitchens like New York Common Pantry to provide nutritious food for their families – without their SNAP benefits, these families will have to lean even more heavily on the emergency food network.

Cuts to SNAP aren't numbers on a page; they're empty plates in our neighbors' homes. Research shows every \$1 in SNAP benefits generates up to \$1.80 in economic activity. When that support disappears, the ripple effects hit everyone from local grocers and farmers to small businesses and food workers.

Please restore SNAP funding and pause harmful work-rule rollouts that reduce access to necessary assistance.

Thank you for taking care of New York State residents who continue to struggle to put food on the table.

Sincerely,

(insert your name)