

Sample Email to Representatives
Oppose Cuts to CSFP (Seniors Program)

Sample Letter for Senators and Congressional Representatives

Note: To locate your Congress Person

- Use <https://www.senate.gov/senators/senators-contact.htm> to find your Senator and use <https://www.house.gov/representatives/find-your-representative> to find your member of the House of Representatives by entering your address.
- Your elected official will appear on screen, with a blue box to “mail” them
- Click and cut and paste this email or write your own.

Dear (insert Representative X or Senator X),

You and your fellow members of Congress need to fully fund the Commodity Supplemental Food Program (CSFP).

This program provides more than 700,000 seniors nationwide with nutritious USDA foods to help them maintain their overall health while helping them stretch their monthly fixed incomes. CSFP delivers meals directly to seniors in the community through its network of nonprofits and community-based organizations.

The most recent House Appropriations Bill keeps CSFP funding intact, and we are asking you to continue to support this effort. Keeping CSFP funded means the most vulnerable seniors will receive the monthly, healthy and nutritious food packages they have come to rely upon.

Thank you for helping to feed seniors by fully funding the CSFP program.

Sincerely,
(insert your name)

To reach out to Representatives not in your district who support the maintenance of these benefits, see emails on the next page.

To contact [Congresswoman Nicole Malliotakis](#) –enter 11209 for the zip code in her District.

Dear Representative Malliotakis,

You have long been a supporter of the Commodity Supplemental Food Program (CSFP), which provides more than 700,000 seniors nationwide with nutritious USDA foods to help them maintain their overall health while helping them stretch their monthly fixed incomes. CSFP delivers meals directly to seniors in the community through its network of nonprofits and community-based organizations.

Through the CSFP Program, New York Common Pantry (NYCP) serves your district. NYCP serves Shore Hill Housing in Bay Ridge Brooklyn, at 9000 Shore Road. It is one of their largest single sites, with a monthly caseload of 244 seniors. NYCP has served 2,790 visitors this fiscal year (2025) with 64,170 meals

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Thank you for helping to feed seniors by fully funding the CSFP program.

Sincerely,
(insert your name)

For [Mike Lawler](#) – enter Zip Code 10549 / Mt Kisco, to send him an email

Dear Representative Lawler,

You have long been a supporter of the Commodity Supplemental Food Program (CSFP), which provides more than 700,000 seniors nationwide with nutritious USDA foods to help them maintain their overall health while helping them stretch their monthly fixed incomes. CSFP delivers meals directly to seniors in the community through its network of nonprofits and community-based organizations.

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Thank you for helping to feed seniors by fully funding the CSFP program.

Sincerely,
(insert your name)