

# THE PANTRY PRESS FALL 2024

### **A NOTE FROM STEPHEN**



**The struggle is real.** While this may seem trite and over-used, truth be told, it is. What's the struggle? These recent statistics <sup>1</sup> bring it to life:

- 78% of NYC households say the cost of food is rising faster than their income
- More than 2 in 5 are buying less protein (fish/meat/eggs) due to cost
- Nearly 1 in 3 people bought less fresh produce last year

The struggle is not having enough to feed your children. Eating food that is less nutritious and of poorer quality. Falling behind on your bills because of the rise in costs. The fear of eviction, or worse yet, eviction itself.

Last year, we grew our services to meet the need:

- Assisted 17% more individuals
- Served more than 11 million meals
- Expanded by 10% to 272 locations where we provide regular services
- Increased our Hot Meals (20%) and Brown Bag To Go Meals (19%)
- Accessed 52% more public benefits for participants, totaling more than \$10.7 million

At NYCP we see how our participants struggle every day. This drives our team to expand our resources because we know the difference our services can make. NYCP continues to seek diversified sources of funding, so that we will always be able to serve everyone who comes to our doors for assistance. We are grateful for every person and every organization that supports our work. Every bit counts in alleviating food insecurity and the struggles of our neighbors.

Atulen Jumille

### HELPING HANDS NEEDED FOR THE HOLIDAYS



The holidays are a busy time for everyone and the Pantry is no exception. To handle the volume of Thanksgiving packages and holiday meals, we need your help. Please consider organizing a group of friends and family to come and **volunteer**. You can donate much-needed food during the **Thanksgiving Food Drive** and we've kicked off our annual **Thanksgiving appeal** to help provide more families with a holiday meal.

## MEET OUR GUEST: JOSE RIVERA



Jose has lived in New York City his entire life and grew up in the neighborhood where the NYCP Bronx Pantry is located. When the Pantry opened on Hoe Avenue (it was formerly a laundromat), he learned about the helpful services being offered and enrolled right away. Choice Pantry helped him save money on groceries, especially on fresh vegetables. His relationship with the Pantry has evolved, and he now supports our Food Rescue program by delivering food that would otherwise go to waste. Jose has been doing this for a few months, delivering weekly to the Bronx Pantry.

### **LOTS 4 LITTLES**



New York Common Pantry's Associate Board hosted a drive to collect essential items for infants through four-year-old children. Led by Michelle Loh, NYCP's Associate Board member, with friends Alice Cottle and Lauren C. Cannata, they reached out within their communities and received more than 4,200 items, including diapers and summer/fall clothing. All items were brought to our East Harlem Pantry where the group spent the afternoon organizing them for distribution to 150+ families in need.



Follow us on social media!



1. <u>New York Hunger Survey</u>, Change Research, April 2024, commissioned by No Kid Hungry.