

MOST WANTED ITEMS

Donate shelf-stable items for our Pantry Programs

CANNED OR DRY BEANS

15oz or 1lb plant-based protein



CANNED FRUIT/VEGETABLES

Vegetables - Low-sodium or no salt
Fruit - In its own juice



CANNED FISH OR CHICKEN

Packed in water



GRAINS

Brown or white rice, pasta, barley, quinoa



PEANUT BUTTER

Natural with only peanuts and oils in ingredient list



SHELF-STABLE MILK

Low-fat milk, almond, nut or oat milk



HOT/COLD CEREAL

Sugar-free oats, corn flakes, farina or grits



LOW-SODIUM, LOW-SUGAR, HIGH-FIBER AND WHOLE GRAIN ITEMS PREFERRED

For more information about food donations email foodrescue@nycommonpantry.org
To schedule a donation drop off, visit nycommonpantry.org/food-rescue