

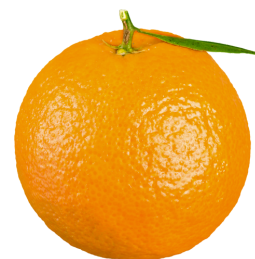
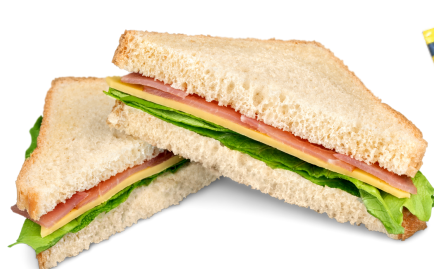
# BROWN BAG MEALS

## Make sandwiches or lunch bags

Brown bags are provided to our guests on weekends and holidays.



Make and donate sandwiches or provide complete packages with these items:



### ONE SANDWICH

#### PEANUT BUTTER & JELLY

Whole wheat bread, peanut butter and Jelly

OR

#### TURKEY & CHEESE

Whole wheat bread, Turkey and Cheese

*Please do not put condiments directly on sandwiches*

### ONE SNACK ITEM

#### SNACK BAR OR PREPACKAGED ITEM

Individually wrapped, whole grain, low-sugar  
or low-fat item

### ONE PIECE OF FRUIT

#### DURABLE FRUIT WITH TOUGH SKIN

Oranges, apples or fruit cup in juice

### ONE JUICE BOX

4oz - 8oz

Apple juice, orange juice or shelf-stable milk

### CONDIMENT PACKETS

Mayo or Mustard

**For ease of pick-up/drop off, groups must provide their own bags for transportation.**

Additionally, please provide a total sandwich count and, if mixing types of sandwiches, please separate by type.

**Donations of 100+ sandwiches suggested per group**

For more information about food donations email [foodrescue@nycommonpantry.org](mailto:foodrescue@nycommonpantry.org)

To schedule a donation drop off, visit our website at [nycommonpantry.org](http://nycommonpantry.org)