











New York Common Pantry's Annual Food Drives 2013 – 2014

Don't forget! Items for the months of *November* and *December* have deadlines for the last possible NY Common Pantry pick-up date before that month's holiday event. Please have all donations scheduled for pick-up ASAP.

Please avoid glass packaging and remember the suggestions regarding food sizes and types

The items listed in each month are meant to be used as a guide. You are welcome to hold more general food drives as long as you remember our nutrition standards- the healthier the better!

SEPTEMBER <i>Back to School!</i>	OCTOBER <i>Happy Harvest!</i>	NOVEMBER <i>It's Turkey Time!</i>
<ul style="list-style-type: none"> • Snack time: granola bars & cereal bars • Shelf-stable milk (non-fat or 1%) (Ex: 32 oz. Parmalat)  • Sugar free cereal (Ex: Special K, Cheerios) 	<ul style="list-style-type: none"> • Whole wheat pasta • Tomato sauce  • Tea and coffee • 100% Real fruit juice • Packaged dry beans 	 <p><i>Detailed information on our Annual Thanksgiving Drive will be sent in Mid-October</i></p> <p><i>Deadline: Wednesday, November 20th</i></p>
DECEMBER <i>The Larry Morales Toy Drive</i>	JANUARY <i>SOUPer Bowl</i>	FEBRUARY <i>We ♥ NY Common Pantry!</i>
<p><i>Detailed information on our Annual Holiday Drive will be sent in Mid-November</i> </p> <p><i>Deadline: Wednesday, December 11th</i></p>	 <ul style="list-style-type: none"> • Canned soup or stew (Low-sodium) • Whole wheat pasta 	<p><i>Help NY Common Pantry promote healthy hearts!</i></p> <ul style="list-style-type: none"> • Whole grain items • Brown rice • Packaged dry beans • Oatmeal • Peanut Butter
MARCH <i>Luck O' the Pantry</i>	APRIL <i>Breakfast Showers!</i>	MAY <i>Spread the Sunshine!</i>
<ul style="list-style-type: none"> • Packaged dry beans  • Shelf stable milk (non-fat or 1%) (Ex: 32 oz. Parmalat) • Canned tuna/ salmon/ chicken • 100% fruit juice • Canned fruit (with no added syrup) 	<ul style="list-style-type: none"> • Shelf-stable milk (non-fat or 1%) (Ex: 32 oz. Parmalat)  • Sugar free cereal • Whole grain items • Sugar-free apple sauce 	<ul style="list-style-type: none"> • Brown rice • Canned tuna/ salmon/ chicken • Whole wheat pasta • Tomato sauce (low-sodium) • Snack time: granola bars & cereal bars 

Thank you so much for your support!

For more information or to schedule pick-ups, please contact Jen Winter at (917) 720-9710 or JWinter@nycommonpantry.org

See reverse side for information on how to donate

freshdirect gift cards 

**Take advantage of our partnership with FreshDirect
by donating a gift card!**

Head to www.freshdirect.com/ycp



- 1. Are you a FreshDirect member? You'll be asked to log-in to your account. Not a FreshDirect member? You'll be directed to a zip-code tracking page.**
- 2. Enter your zip code.**
- 3. On the right, you'll see a NY Common Pantry icon- enter the gift card amount you'd like to donate.**

→Our Food Programs Manager will decide which healthy food items to purchase with your donation. FreshDirect offers NY Common Pantry a 10% discount on all of our orders!